

11.10.17 - 11.11.17 • 21-22 Cheshvan 5777 • *Parshat Chayei Sarah*

Shabbat shalom, and welcome to Mishkan.

Mishkan is a spiritual community on a mission to engage, educate, empower and inspire people in Chicago and beyond through dynamic experiences of Jewish prayer, study, music, social activism and community-building. We believe that Judaism is a vehicle for bringing more light, more goodness, more justice, and more joy into the world, and that inspired prayer and inspired living reinforce one another.

The ancient Mishkan was the traveling prayer tent in the desert that brought together Israelites from across the spectrum of the community, and so do we: young, young-at-heart, total novices in prayer and Jewish study alongside people with years of experience, LGBTQ Jews, Jews in interfaith relationships and from all denominational and religious backgrounds. We believe everyone's birthright is to connect to God, Torah and community in this way. The only thing needed is that your heart be in it. You in?

We're so glad you're here, and hope your shabbos with us brings you higher.

Rabbi Lizzi Heydemann

TEFILAH/Reflection: Song Can Carry You, but You Gotta Carry the Song

"The *niggun*/tune is simply a revelation of the soul and its feelings. When pain overcomes a person, it is impossible for them to speak, and they simply cry and wail with the voice alone.

Therefore song awakens one's innermost feelings, through which the sparks and limbs of the soul are revealed.

But how they will use this part of their soul which has now been revealed has yet to be determined..."

- R' Kalonymous Kalman Shapira, *B'nei Machshava Tova*, #18

KEHILAH/Community

Register for all events (unless otherwise posted) @ www.mishkanchicago.org/events

livin' on a prayer • תפילה

RISE @ Mishkan

TOMORROW Saturday November 11th, 9:30am, **Second Unitarian Church**, 656 W. Barry

Double down on your dose of Mishkan Shabbos. Services followed by a kiddush lunch generously sponsored by the Chapman/Berman family in honor of Sammy's bar mitzvah.

Last Fridays @ AES

Friday November 24th, 6:30pm, **Anshe Emet Synagogue**, 3751 N. Broadway

We're wrapping up Thanksgiving an inspired, down-to-earth pot-luck. Bring something healthy, delicious, vegetarian and nut-free. Extra points if it involves your grandma's stuffing! Did we mention how thankful we are for you?

H A N U K K A H • Light & Heat: Stories of Defiance & Hope

Tuesday December 12th, 6:15pm, **Stage 773**, 1225 W. Belmont

Join us for a Moth-style interfaith Hanukkah story slam. We're talkin' a night of true stories told live, latkes, sufganiyot (fried jelly doughnuts), eggnog & bar drinks, fair trade hanukkah gelt AND ugly sweaters. BYO menorah. \$15 (\$10 for Builders). Co-sponsored by Gilead Church and SVARA.

gather + learn • ביחד

Wise Aging

Wednesdays Nov. 15th, 29th & Dec. 20th, 6:00pm - 7:00pm, **Maggie's Place**, 4001 N. Ravenswood 108

Join social worker and life coach extraordinaire Lori Dube for a discussion on the book *Wise Aging: Living with Joy, Resilience, & Spirit* by Rabbi Rachel Cowan and Dr. Linda Thal—a deep dive into the mindful approach to growing older. Feel free to attend all or some. Geared towards folks 55+.

The Torah Of Mourning

Thursday November 16th, 7:00pm - 8:30pm, **Maggie's Place**, 4001 N. Ravenswood suite 108

"Jews really know how to mourn." You may have heard this, but what does it mean? Learn and discuss the ways Jews have navigated life with loss for thousands of years in a 101 with Rabbi Lizzi on grieving and mourning practices in the Jewish tradition. You don't have to be in mourning to attend.

LOCALS: Fall Edition

Friday November 17th, various times, **various locations**, Chicago

Looking to meet new people and connect more deeply with folks at Mishkan? Come to one of our LOCALS dinners—small, intimate gatherings all over the city to help you Jew wherever you are. We've got LOCALS in Albany Park, Ravenswood, Hyde Park, Highland Park & Andersonville.

40s+ Havdallah House Party

Saturday November 18th, 6:00pm, **Private Home**, River North

Join the 40s+ social team for a spirited evening to eat, drink, and connect with other Mishkanites over Havdallah, music, and great conversation. Address will be emailed to those who register

LOVE TEAM ORIENTATION!!

Monday, Nov 27, 6:30-8pm, the Mishkan Space. Suit up! Learn the Mishkan Sutra: the Art of Love... Team.

Looking to Serve meals with other Mishkanites on Thanksgiving? email: RabbiLauren@mishkanchicago.org

ONGOING: The Sangha (Mishkan Meditation Minyan)

Wednesdays, continuing November 8th, 7:00pm - 8:00pm, **Maggie's Place**, 4001 N. Ravenswood 108

TORAH/learning: Never Give Two Sermons (Dreams + Consent)

Event Perfect Endings Aren't Perfect

יב ויאמר יי-ה-יה אלהי אדני אברהם הקרה נא לפני היום ועשה חסד עם אדני אברהם: יג הנה אנכי נצב על עין המים ובנות אנשי העיר יצאת לשאב מים: יד והיה הנער אשר אמר אליה הטינא כדרך ואשתה ואמרה שתה וגם גמליך אשקה אתה הכחת לעבדך ליצחק ובה אדע כיעשית חסד עם אדני: טו ויהיה הוא טרם כלה לדבר והנה רבקה יצאת אשר ילדה לבתואל ברמלכה אשת נחור אחי אברהם וכדה על שכם:

12 And Eliezer said, "O Lord, God of my master Abraham, I beg you, send me good speed this day, and show kindness to my master Abraham. Behold, I stand here by the well of water, and the daughters of the people of the city come out to draw water, let it come to pass that when the girl to whom I shall say, 'Let down your water jar, I beg you, that I may drink,' then she shall say, 'Drink, and I will give your camels water also.'" Let the same be she whom you have appointed for your servant Isaac, and thereby shall I know that you have shown kindness to my master. 15 And it came to pass, before he had finished speaking, that, behold, Rebekah came out...

..... And Rebekah lifted up her eyes, and when she saw Isaac, she alighted off the camel. For she had said to the servant, "What man is this who walks in the field to meet us?" And the servant had said, "It is my master," so she took a veil, and covered herself. And the servant told Isaac all things that he had done. 67 And Isaac brought her to his mother Sarah's tent, and he took Rebekah, and she became his wife. And he loved her, and Isaac was comforted after his mother's death.

Silence is NOT consent.

ויאכלו וישתו הוא והאנשים אשר עמו וילינו ויקומו בבקר ויאמר שלחני לאדני: נה ויאמר אחיה ואמה תשב הנער אתנו ימים או עשור אחר תלך: נו ויאמר אלהם אל תאחרו אתי ויה-יה הצליח דרכי שלחוני ואלכה לאדני: נז ויאמרו נקרא לנער ונשאלה את-פיה: נח ויקראו לרבקה ויאמרו אליה התלכי עם-האיש הזה ותאמר אלך:

24:54 And they rose up in the morning, and Eliezer said, "Send me away to my master." 55 And her brother and her mother said, "Let the girl stay with us a few days, at least ten, after that she shall go." 56 And he said to them, "Don't delay me, seeing the Lord has made my way successful- send me away that I may go to my master." 57 And they said, "We will call the girl, and ask her mouth." 58 And they called Rebekah, and said to her, "Will you go with this man?" And she said, "I will go." Genesis 24:12-67



Escape Winter & Kindle Your Inner Light

Looking for an opportunity to build a mindfulness meditation practice through a Jewish lens and in supportive community? Here's your chance! Join Rabbi Lauren, Ellie Spitz, and special guest teacher Yael Shy for a weekend at Loyola's Retreat and Ecology Campus in Woodstock, IL. **Application closes Nov 17th.** Don't wait!

December 8th - 10th, Loyola Retreat & Ecology Campus, Woodstock IL

HESED & HODA'AH/love and gratitude

Mazal Tov to the **Chapman family** on Sammy's Bar Mitzvah, and to **Michael Cohen and Stephanie Lerner** on their wedding this weekend.

Goodbye to amazing Builder **Ben Halbig**! it's been a good run, and we'll miss you!

Very Happy Birthday (this week) to: **Celeste Tannenbaum, Jane Talesnick, Rachel Winokur, Adam Berg & John David Conway.**

Love Teamers ON this weekend: **James Evans, Amir Wed, Sarah Beth Hoffman & Aliza Becker.** THANK YOU for your hands, hearts & smiles.

Don't forget: We are now composting! What is compostable you ask? **EVERYTHING** from the forks, plates and cups to the napkins (& food of course). The green composting bin is your friend.

Hungry for discussion? Join **Rabbi Brandon Bernstein** at his conversation table Friday night about **the complexities of Hebron, Israel/Palestine.**

Don't be a wilde chaya (that's Yiddish, for wild animal). We love sharing shabbos dinner & lunch with you. **Please help us by cleaning up after** yourself. Want to contribute toward the cost of a meal for the community, for a special occasion or just because you're feeling generous? Write Natalie admin@mishkanchicago.org

Here for the first time? Come say hello to **Natalie Dibo, Ellie Spitz, or any of our staff, or Love Team** on so we can shower you with love! Get on the Mishkan email list at www.mishkanchicago.org and get in our FB group and follow us on Instagram too. **Congrats? Condolences? Want to let us know that someone needs a little love?** Contact Hillary Gimpel at support@mishkanchicago.org. **Be a Lover!** Contact James Evans at LoveTeam@mishkanchicago.org hear about the Love Team.

HOLY MOLY, YA HEARD?? Mishkan got an amazing opportunity: a generous local foundation will **match any increase in donations this year.** Every little bit counts, and the bigger the numbers the bigger our ability to keep bringing inspired down-to-earth Judaism to Chicago! So consider...

- **Giving!** Make a donation online at mishkanchicago.org/support Every dollar goes to engaging people in dynamic and deep Jewish spiritual practice regardless of background or denomination. Give for the first time or make a workable increase on last year's donation!
- **Becoming a Builder!** Builders make a monthly gift or annual gift to help sustain Mishkan, not out of guilt, but out of inspired co-creation of this community. (And if that's not convincing enough, you get cool perks, discounts and Mishkan swag.)
- **If you're already a Builder, consider increasing,** even by a few dollars a month. It all counts!

All the ways that you give are eligible for the match-- Buildership, High Holiday pledges, one-time donations and gifts from family trusts and foundations. If you've been holding out for that increase, this year is the year! We have till Dec 31, 2017 to make the match.

Mishkan is co-created by Rabbi Lizzi Heydemann, Founder • Rachel Cort, Managing Director • Ellie Spitz, Director of Community Engagement & Wellness • Ilana Gleicher-Bloom, Vision Director, Mensch Academy • Rabbi Lauren Henderson: Jewish Emergent Network Rabbinic Fellow • Rachel Gray Alexander, Marketing & Communications Manager • Natalie Dibo, Rabbinic & Admin Assistant • The Davening Team • Our Awesome Board • The Love Team • Every Single Builder and Giver • YOU!