

#### Shabbat shalom, and welcome to Mishkan.

Mishkan is a spiritual community on a mission to engage, educate, empower and inspire people in Chicago and beyond through dynamic experiences of Jewish prayer, study, music, social activism and community-building. We believe that Judaism is a vehicle for bringing more light, more goodness, more justice, and more joy into the world, and that inspired prayer and inspired living reinforce one another.

The ancient Mishkan was the traveling prayer tent in the desert that brought together Israelites from across the spectrum of the community, and so do we: young, young-at-heart, total novices in prayer and Jewish study alongside people with years of experience, LGBTQ Jews, Jews in interfaith relationships and from all denominational and religious backgrounds. We believe everyone's birthright is to connect to God, Torah and community in this way. The only thing needed is that your heart be in it. You in?

We're so glad you're here, and hope your shabbos with us brings you higher.

Rabbi Lizzi Heydemann

# **KEHILAH/Community**

Register for events @ www.mishkanchicago.org/events

# livin' on a prayer • תפילה

#### RISE @ Mishkan + Mini-Mishkan

Saturday, March 4th, 9:30am, Second Unitarian, 656 W. Barry

Wake up, set your intention, sing, study, discuss, and disconnect to reconnect. Our usual Shabbat morning service, heavy on the music and intention and light on the fluff. Services followed by a delightful lunch. **Kids and families invited for Mini-Mishkan with Rabbi Anna Levin Rosen and Tal Rosen at 11:15am upstairs.** 

# learn + gather • לימוד + ביחד

## Why Yiddish?

Sunday February 26th, 1:00pm - 3:00pm, Mishkan Space, 4001 N. Ravenswood 108

Is Yiddish a dying language? In this talk, renowned Yiddish scholar Sheva Zucker (aka mom of Mishkanite Benna Kessler!), will explore the history of the language & the Yiddish revival. Session followed by a short "zingeray"- a Yiddish hootenanny!

### 40s+ Whiskey, Wine & Hamantaschen

Saturday March 4th, 7:30pm, Private Home, Andersonville

Join the 40s+ social team for some competitive debauchery – whiskey and hamantaschen style. We supply the whiskey (and wine, non-alcoholic beverages & snacks), you supply the hamantaschen (sweet or savory) and compete to win a special gift!

### **OM: Jewish Mindfulness Collective**

Wednesdays starting March 15th, 7:30pm - 9:00pm, Mishkan Space, 4001 N. Ravenswood 108

Taught by seasoned meditation teachers from Mishkan and the Center for Jewish Mindfulness at Orot, the series includes teachings, meditations and mindfulness practices inspired by the weekly Torah portion. Feel free to drop in, \$10 per class.

### **Next Justice Team Meeting**

Thursday March 16th, 6:45pm Mishkan Space, 4001 N. Ravenswood 108

Learn about JCUA's Police Accountability campaign and get involved. And save the date for a Jewish community-wide meeting on police accountability with JCUA on Sunday, April 2nd.

## maggie's place • בריאות

## Freedom Song

Monday February 27th, 7:00pm - 8:30pm, Anshe Emet, 3751 N. Broadway

A performance by visiting residents from Beit T'shuvah in Los Angeles, a Jewish Recovery home, addressing addiction and issues of Jewish identity. Ellie & R'Lauren will be there, so look for them day of to sit with other Mishkanites!

## IGNITE YOUR VITALITY! Preventing Burn-Out in the Era of Resistance

Sunday March 19th, 4:00pm - 7:00pm, Maggie's Place, 4001 N. Ravenswood 108

Feeling overwhelmed by the world? Join Mishkanite and wellness ninja, Rachel Goldberg, for a female identified workshop to discover an ancient definition of "burnout" and some strategies to avoid it. Flip the script on stress and meet other women who are committed to their health & wellness!

Maggie's Place is a wellness center at Mishkan Chicago dedicated to building community through a holistic approach to wellness, learning, leadership, social community and access to social services. Next drop-in night: Thursday, March 23rd 5:00pm - 8:00pm

# **PURIM5777: REVELRY FOR THE RESISTANCE!**

Saturday March 11th • Doors 6:00pm • 2U (Second Unitarian) • 656 W. Barry

Ready to revel? Put on a costume and bend your mind around the craziness, blurred lines and moral conundrums of life, Purim-style. We've got Babycakes breakfast for dinner, Lou Malnati's pizza, Schmaltz Brewing Co. beer tasting, The Full Megillah and a hot off the holy scroll scandalous shpiel. It's a party of raucousness and revelry complete with drinking and dancing, a photo booth, justice themed adult carnival games and a costume contest to put all Halloween parties to shame. Get your tickets NOW before prices increase!

www.mishkanchicago.org/purim5777

# TEFILAH/prayer: Windows to the World

Rabbi Hiyya bar Abba said: One should always pray in a building with windows. (Berakhot 31a)

In portraying the religious architecture of the Jewish tradition, Rabbi Hiyya states that there can be no prayer without a window upon the world...Through *mitzvot*, Torah study, and prayer, a person trains themselves to engage with the larger, ever-changing world. The pinnacle of religious experience is a radical, creative act: daring to see faults in God's world, and to outline, with modesty and delicacy, a new horizon.

-Rabbi Tamar Elad-Appelbaum, "The Radical Divinity"

# TORAH: The Stranger Who Was Yourself

#### **Exodus 22:20**

ָוֹגֵר לֹא תוֹנֵה וָלֹא תִלְּחָצֵנּוּ כִּי גַרִים הֵיִיתֵם בִּאֵרֵץ מִצְרַיִם:

Do not wrong or oppress the stranger, for you were strangers in the land of Egypt.

### Exodus 23:9

Do not oppress the stranger, since you have known the life of the stranger - for you were strangers in the land of Egypt.

[ "נְגר לֹא תַלְחַץ וְאַתֶּם יֻדַעְתֵּם אֶת נָפָשׁ הַגֵּר כִּי גַרִים הַיִיתֵם בְּאָרֵץ מִצְרַיִם בְּאַרָץ מִצְרַיִם בּאַרַץ מִצְרַיִם בּאַרַץ מִצְרַיִם בּאַרַץ מִצְרַיִם בּאַרַץ מִצְרַיִם בּאַרַץ מִצְרַיִם בּאַרַץ מַצְרַיִם בּאַרַץ מִצְרַיִם בּאַרַץ מִצְרַיִם בּאַרַץ מִצְרַיִם בּאַרַץ מַצְרַיִם בּאַרַץ מַצְרַיִם בּאַרַץ מַצְרַיִם בּאַרַץ מַצְרַים בּאַרַץ וְאַתָּם אָתַ בְּשָּׁ הַּגָּרִים בּאַרָץ מַצְרַים בּאַרַץ וּאַתָּם בּאָרָץ מַצְרַים בּאַרַץ וּאָרָים בּאַרַץ וּאָרָּים בּאַרַץ וְאַתָּם בּאָרַץ מַצְרַיִּם בּאָרָץ מַצְרַם בּאָרַץ וּאָרָּים בּשְׁרַבְּעִבְּיִם בּאָרָץ מַצְרָם בּאָרָץ מַצְרָים בּאָרַץ וְאַתָּבְּים בּאָרַץ מַצְרָים בּיִּים בּאָרַץ וּאָּתָּם בּאָרַים בּיִבְּעְבִּים בּאָרַץ מַצְרַים בּאַרָּץ וְאַתָּבְּים בּאָרַץ מַצְרַים בּיִּים בּאָרָץ מַצְרַיִּים בּאַרָּים בּיִּים בּיִּים בּאָרַיִּים בּאַרָּים בּאַרַיִּים בּאַרָּיִים בּיִּים בּאָּבְיִים בּיִּים בּאָבּיים בּיִּבְּיִים בּיִיים בּיִּים בּיִים בּיִים בּיִּבְיִים בּיִּיִים בּיִּיִּים בּיִּים בּיִים בּיִיבּים בּיִּיִים בּיִים בּיִיים בּיִים בּיִבּים בּיִּבּים בּיִבּים בּיִיבּים בּיִים בּיִים בּיִּבְיִים בּיִּבְּיִבְּיִים בּיִּבְיִּים בְּיִים בְּיִבְיִים בְּיִבְּיִבְיִים בְּיִבְיִּים בְּיִבְיִים בּיִים בּיִבְיבִּים בּיִיבּים בּיִים בּייִבּים בּיִיבּים בּיִיים בּיבְּיִים בּייִים בּייִים בּייִבּים בּייִים בּייִבּים בּייִבּים בּייִּים בּייִים בּייִים בּייִבּים בּייִים בּייִבּים בּייִבּים בּייבּיים בּייִים בּייִים בּייִים בּייִים בּייִּים בּייִים בּייִּים בּייִבּים בּי

Illness is the night-side of life, a more onerous citizenship. Everyone who is born holds dual citizenship, in the kingdom of the well and in the kingdom of the sick. Although we all prefer to use only the good passport, sooner or later each of us is obliged, at least for a spell, to identify ourselves as citizens of that other place.
-Susan Sontag, "Illness as Metaphor," 1978

The time will come when, with elation you will greet yourself arriving at your own door, in your own mirror and each will smile at the other's welcome,

and say, sit here. Eat. You will love again the stranger who was your self. Give wine. Give bread. Give back your heart to itself, to the stranger who has loved you

all your life, whom you ignored for another, who knows you by heart.

Take down the love letters from the bookshelf, the photographs, the desperate notes, peel your own image from the mirror.

Sit. Feast on your life.

-Derek Walcott, "Love After Love"

# TZEDEK & HESED & HODA'AH/justice, love and gratitude

Goodbye & farewell to Sara Sandmel! This is their last shabbat with Mishkan before they head off to rabbinical school. We'll miss you terribly!

Mazal Tov to Mishkan as we are now COMPOSTING! Massive thanks to Nicole Price for helping us source compostable plates and utensils. Also Mazal Tov to Al Rosenberg on your new Director of Communications position @ OneTable!

Love Teamers ON tonight: Hillary Gimpel, James Evans, Benna Kessler, Kyle Brumfield, and Scott Hirsch. THANK YOU for your hands, hearts & smiles.

Hungry for Discussion? Join Hillary Gimpel and Elaine Ross for a discussion on The Mishkan Support Squad and supporting each other as a community. Thanks for getting the convo going, Hillary and Elaine!

Don't be a wilde chaya (that's Yiddish, for wild animal). We love sharing shabbos dinner with you. Please help us by cleaning up after yourself.

**Our Justice Team** is the space for sharing up-to-date information about opportunities for serving, rallying, marching & advocating. Visit <a href="https://www.mishkanchicago.org/justice">www.mishkanchicago.org/justice</a> to get involved.

Here for the first time? Come say hello to Rachel Gray, or any of our staff, or Love Team on today so we can shower you with love and affection! Get on the Mishkan email list at <a href="https://www.mishkanchicago.org">www.mishkanchicago.org</a> and get in our FB group and follow us on Instagram too. Congrats? Condolences? Want to let us know that someone needs a little love? Contact Hillary Gimpel at <a href="https://support@mishkanchicago.org">support@mishkanchicago.org</a>. Be a Lover! Contact James Evans at LoveTeam@mishkanchicago.org to hear about the Love Team.

**HOLY MOLY, YA HEARD??** Mishkan just got an amazing opportunity: a generous local foundation will **match any increase in donations this year**. Every little bit counts, and the bigger the numbers the bigger our ability to keep bringing inspired down-to-earth Judaism to Chicago! So consider...

- Giving! Make a donation online at mishkanchicago.org/donate Every dollar goes to engaging people in dynamic and deep Jewish spiritual practice regardless of background or denomination. Give for the first time or make a workable increase on last year's donation!
- **Becoming a Builder!** Builders make a monthly gift or annual gift to help sustain Mishkan, not out of guilt, but out of inspired co-creation of this community. (And if that's not convincing enough, you get cool perks, discounts and Mishkan swag.)
- If you're already a Builder, consider increasing, even by a few dollars a month. It all counts!

All the ways that you give are eligible for the match-- Buildership, High Holiday pledges, one-time donations and gifts from family trusts and foundations. If you've been holding out for that increase, this year is the year! We have till Dec 31, 2017 to make the match.

Contact Rachel Cort, Managing Director, if you want more information about supporting Mishkan: rachel@mishkanchicago.org.

## TZEDEK/JUSTICE

**Mishkan's Justice Team** is gearing up for the long road ahead! Mark your calendars for learning and action over the next few months:

## **Action on Tuesday?**

# Lincoln Park Community Shelter - prep, cook, serve!

**Sunday, Feb. 26** Join the next group of Mishkanites to prepare, cook and serve food to the residents at LPCS on by emailing Jen Kouba įkouba@lpcsonline.org

## **Next Justice Team Meeting:**

Thursday, March 16, 6:45pm at the Mishkan Space

Learn about JCUA's Police Accountability campaign and get involved. And save the date for a Jewish community-wide meeting on police accountability with JCUA on Sunday, April 2.

If you're going to an action or protest, we'd love you to gather with other Mishkanites there and carry our signs! Email **RabbiLauren@mishkanchicago.org to share details with our Justice Team** along with your contact info so that people can find you there. And tag Mishkan Chicago in the pics!