

Shabbat shalom, and welcome to Mishkan.

Mishkan is a spiritual community on a mission to engage, educate, empower and inspire people in Chicago and beyond through dynamic experiences of Jewish prayer, study, music, social activism and community-building. We believe that Judaism is a vehicle for bringing more light, more goodness, more justice, and more joy into the world, and that inspired prayer and inspired living reinforce one another.

The ancient Mishkan was the traveling prayer tent in the desert that brought together Israelites from across the spectrum of the community, and so do we: young, young-at-heart, total novices in prayer and Jewish study alongside people with years of experience, LGBTQ Jews, Jews in interfaith relationships and from all denominational and religious backgrounds. We believe everyone's birthright is to connect to God, Torah and community in this way. The only thing needed is that your heart be in it. You in?

We're so glad you're here, and hope your shabbos with us brings you higher.

Rabbi Lizzi Heydemann

TEFILAH/Prayer: Turn Up The Joy

The month was reversed for them from grief to joy. - Esther 9:22
When the month of Adar enters, amp up your joy.
- Talmud, Taanit 29a

“Joy is itself an insurrectionary force against the dreariness and dullness and isolation of everyday life.” Rebecca Solnit, Hope In the Dark

KEHILAH/Community

Register for all events (unless otherwise posted) @ www.mishkanchicago.org/events

livin' on a prayer • תפילה

LOCALS: Under The Radar

überNEXT Friday March 24th, various times, **Neighborhoods across & around Chicago**

Meet new people, check out new places and connect more deeply with folks at Mishkan. Come to a LOCALS dinner- small, intimate gatherings to help you Jew wherever you are, with Mishkan. This month, Locals are in Hyde Park, Lincoln Square, Highland Park, Pilsen & Ravenswood!

Next Shabbat: Last Fridays @ 2U (NOT AES) Friday March 31st, 6:30pm, **Second Unitarian**, 656 W. Barry- we'll be talking love and boundaries.

SAVE THE DATE: Passover 2nd Night Seder: Exodus Now! Tuesday, April 11th @ Chez downtown.

learning + justice • לימוד וצדק

OM: Jewish Mindfulness Collective

THIS Wednesday, and Wednesdays moving forward, starting March 15th, 7:30pm - 9:00pm, **Mishkan Space**, 4001 N. Ravenswood 108

Taught by seasoned meditation teachers from Mishkan and the Center for Jewish Mindfulness at Orot, the series includes teachings, meditations and mindfulness practices inspired by the weekly Torah portion. Feel free to drop in, \$10 per class.

Spring Justice Team Meeting

THIS Thursday March 16th, 6:45pm **Mishkan Space**, 4001 N. Ravenswood 108

Learn about how we as Jews, with a history of state-sanctioned persecution and violence, can help support and uplift communities in Chicago targeted by police violence. We'll talk about JCUA's Police Accountability campaign and how to get involved. No prior justice team experience necessary!

Hate Crime Intervention Training

Sunday March 26th, 3:00pm - 5:00pm, **Mishkan Space**, 4001 N. Ravenswood Suite 108

In the days and months since the election, there has been a staggering increase in hate crimes around the country. Join us & our partners Moische House Edgewater and the People's Response Team as we come together to learn the best practices to stay safe while being strong allies in the face of hate.

Our Justice Team listserv is the place for sharing up-to-date information about opportunities for serving, rallying, marching & advocating. Visit www.mishkanchicago.org/justice to get involved.

gather • ביחד

IGNITE YOUR VITALITY! Preventing Burn-Out in the Era of Resistance

Sunday March 19th, 4:00pm - 7:00pm, **Maggie's Place**, 4001 N. Ravenswood 108

Feeling overwhelmed by the world? Join Mishkanite and wellness ninja, Rachel Goldberg, for a workshop for female identified people to discover an ancient definition of "burnout" and some strategies to avoid it. Flip the script on stress and meet other women committed to health & wellness!

ManKind: The Men of Mishkan (Second Meeting)

Monday March 20th, 7:00pm - 8:30pm, **Maggie's Place**, 4001 N. Ravenswood 108

A space for people who identify as men, from all walks of life and backgrounds, to connect over conversation and learning about their experiences. This group is open to all people who identify as men without regard to race, sexual orientation, disability or experience. No registration required.

TORAH: Getting to the Heart of the Matter (and out of your head)

The big 4: “They should keep the fourteenth day and fifteenth of the month Adar yearly, just like the days when the Jews could relax from fearing destruction from their enemies, and the month which was turned for them from sorrow to joy, and from mourning to a holiday; that they should make them days of feasting and joy, and of sending portions one to another (*mishloah manot*), and gifts to the poor (*matanot l'evyonim*).... Megilat Esther 9:19-28

Plus one strange addition: Rava said: A person is obligated to mellow oneself [get drunk] until he does not know the difference between 'cursed is Haman' and 'Blessed is Mordechai.'

אמר רבא מיחייב איניש לבסומי בפוריא עד דלא ידע בין ארור המן לברוך מרדכי

Don't Get Drunk on Wine, Get Drunk on Purim

“The Gemara says: "מחייב איניש לבסומי בפורי"א" It doesn't say 'one is obligated to get drunk on wine,' it says 'one is obligated to get drunk on Purim.' A Jew should be so ecstatic and excited by the G-dly light that is revealed on Purim, that this joy itself—Purim itself—intoxicates him to the point that “he cannot differentiate between ארור המן and ברוך מרדכי.” – Or Haner

TALMUD Rava and Rabi Zeira made a Purim feast together. They got mellow and then Rava arose and slew Rabi Zeira. The next day he prayed for [divine] mercy and was resurrected. The next year, he Rava said to him, "Come and let us make a Purim feast together." Rabi Zeira replied, "Not every single time does a miracle occur." Talmud Bavli Megillah 7b

רבה ורבי זיירא עבדו סעודת פורים בהדי הדדי איבסום קם רבה שחטיה לרבי זיירא למחר בעי רחמי ואחיייה לשנה אמר ליה ניתי מר ונעביד סעודת פורים בהדי הדדי אמר ליה לא בכל שעתא ושעתא מתרחיש ניסא

Radical Spiritual Destabilization

“For one day we come face to face with the chilling reality that no matter how hard we work to control our lives, how diligently we plan and prepare, life is dramatically and inescapably unpredictable...We eat, drink, dance, and laugh in the face of our darkest fears- the possibility that human life and human history can change on a dime, that everything we know to be true could be a farce, that everything we love might disappear in an instant, that there is more chaos than order in the world. **It is an exercise in radical spiritual destabilization.**” Masks and Flasks, Love and Light AJWS Chag v'Chesed 5771, Rabbi Sharon Brous



HEY PROCRASTINATOR: YOU CAN STILL GET YOUR TICKET AT THE DOOR!

TOMORROW, Saturday March 11th • Doors 6:00pm • 2U

General Admission: **\$36 at the door**, Builders: **\$20 at the door**

Great food • Plentiful drinks • The Full Megillah + shpiel • dancing • photo booth • justice themed adult carnival games • bunch of other cool sh*t • Brought to you in partnership with SVARA & Moishe House

HESED & HODA'AH/love and gratitude

A very special Shout out to Ruth Mayer and Akiva Gross on their recent engagement. Love strikes again!! Mazal tov!!

Welcome tonight to **Seemi Choudry, Director of the Mayor's Office for New Americans** (and Rabbi Lizzi's friend from an organizing fellowship in '10!)

Very Happy Birthdays (this week!) to **Dan Kanter, Julia Rohr, Leslie Finkel & Ali Terkel!**

Love Teamers ON tonight: **Christy Cook, Sara Beth Hoffman, Benna Kessler, and Charlie Hammerslough.** THANK YOU for your hands, hearts & smiles.

Here for the first time? Come say hello to **Ellie Spitz, or any of our staff, or Love Team** on tonight so we can shower you with love and affection! Get on the Mishkan email list at www.mishkanchicago.org and get in our FB group and follow us on Instagram too. **Congrats? Condolences? Want to let us know that someone needs a little love?** Contact Hillary Gimpel at support@mishkanchicago.org. **Be a Lover!** Contact James Evans at LoveTeam@mishkanchicago.org to hear about the Love Team.

HOLY MOLY, YA HEARD?? Mishkan just got an amazing opportunity: a generous local foundation will **match any increase in donations this year.** Every little bit counts, and the bigger the numbers the bigger our ability to keep bringing inspired down-to-earth Judaism to Chicago! So consider...

- **Giving!** Make a donation online at mishkanchicago.org/donate Every dollar goes to engaging people in dynamic and deep Jewish spiritual practice regardless of background or denomination. Give for the first time or make a workable increase on last year's donation!
- **Becoming a Builder!** Builders make a monthly gift or annual gift to help sustain Mishkan, not out of guilt, but out of inspired co-creation of this community. (And if that's not convincing enough, you get cool perks, discounts and Mishkan swag.)
- **If you're already a Builder, consider increasing,** even by a few dollars a month. It all counts!

All the ways that you give are eligible for the match-- Buildership, High Holiday pledges, one-time donations and gifts from family trusts and foundations. If you've been holding out for that increase, this year is the year! We have till Dec 31, 2017 to make the match.

Contact Rachel Cort, Managing Director, if you want more information about supporting Mishkan: rachel@mishkanchicago.org.

Thank you and bless you for building this community with us!