

Shabbat shalom, and welcome to Mishkan.

Mishkan is a spiritual community on a mission to engage, educate, empower and inspire people in Chicago and beyond through dynamic experiences of Jewish prayer, study, music, social activism and community-building. We believe that Judaism is a vehicle for bringing more light, more goodness, more justice, and more joy into the world, and that inspired prayer and inspired living reinforce one another.

The ancient Mishkan was the traveling prayer tent in the desert that brought together Israelites from across the spectrum of the community, and so do we: young, young-at-heart, total novices in prayer and Jewish study alongside people with years of experience, LGBTQ Jews, Jews in interfaith relationships and from all denominational and religious backgrounds. We believe everyone's birthright is to connect to God, Torah and community in this way. The only thing needed is that your heart be in it. You in?

We're so glad you're here, and hope your shabbos with us brings you higher.

Rabbi Lizzi Heydemann

TEFILAH/Reflection: Counting What Matters

לימנות ימינו כן הודע ונבא לבב כחמה
Lim'not yameinu ken hoda v'navi levav chohma

Teach us to treasure each day, that we may open our hearts to Your wisdom.
Psalm 90:12

KEHILAH/Community

Register for all events (unless otherwise posted) @ www.mishkanchicago.org/events

livin' on a prayer • תפילה

RISE @ Mishkan

NEXT Saturday May 6th, 9:30am, **Second Unitarian Church**, 656 W. Barry

Disconnect to reconnect! Wake up, sing, daven, discuss. Our usual Shabbat morning service, heavy on the intention and light on fluff, followed by a delightful lunch, with extra fixings sponsored by angels. Want to be one of those angels? Tell Natalie admin@mishkanchicago.org

Kids and families invited for Mini-Mishkan at 11:15am upstairs.

learning + justice • לימוד וצדק

OM: Jewish Mindfulness Collective

THIS Wednesdays, May 3rd - May 10th, 7:30pm - 9:00pm, **Mishkan Space**, 4001 N. Ravenswood 108 **STARTS THIS WEEK!**

Taught by seasoned meditation teachers from Mishkan and the Center for Jewish Mindfulness at Orot, this series includes teachings, meditations and mindfulness practices inspired by weekly Torah portions. Session two taught by Cantor Aviva Katzman. \$10 per class.

Interfaith Couples Class

THIS Monday May 1st - May 22nd, 6:30pm - 8:30pm, **Mishkan Space**, 4001 N. Ravenswood 108 **STARTS THIS WEEK!**

In these four sessions we'll be looking at case studies (yours!) as we explore the blessings and challenges of interfaith couplehood, from navigating holidays, beliefs, families, children, and our own senses of commitment and confusion to the traditions or identities in which we were raised. \$100 per couple, \$50 for Builder couples.

gather & maggie's place • ביחד

Film Screening: Disturbing the Peace

THIS Sunday April 30th, 11:00am, **Mishkan Space**, 4001 N. Ravenswood Suite 108

Sunday night, April 30th is Yom HaZikaron - Memorial Day in Israel. In recent years, an organization called Combatants for Peace has led a joint Israeli-Palestinian Memorial Day Ceremony in Tel Aviv to honor the lives lost on all sides of the conflict. Join us for a film screening about Combatants for Peace and their ongoing work followed by small group conversation led by Rabbi Lauren and Rabbi Lizzi.

40s+ Social Team: A Song for You Screening + Bagel Brunch

Sunday May 7th, 11:00am, **Mishkan Space**, 4001 N. Ravenswood Suite 108

In 1943 the Karp family escaped the Nazis by crossing the Pyrenees on foot with the help of the French Resistance. In this story, filmmaker Sharon Karp and her sisters retrace the escape route. We are excited to welcome the director, Sharon Karp, at the screening! \$10 registration.

Holy Schluf: The Art of Shabbat Rest

Wednesday May 17th, 6:30pm - 8:00pm, **Maggie's Place**, 4001 N. Ravenswood 108

What's the difference between Shabbat rest and crashing at the end of a Tuesday in front of Netflix? How might you take Judaism's timeless and ancient approach to Shabbat rest, and infuse your life with its transformative power? Let's take a look at our own lives and ask "what kind of rest do I need?" and workshop realistic ways to incorporate those dreams into reality for a happier, healthier life.

Maggie's Place Themed Shabbat Dinners: Recovery & Addiction, Sustainable Food

Maggie's Place is excited to be hosting themed Shabbat dinners throughout the month of May!

Friday May 19th, 7:00pm, **Lakeview**: Hosted by our very own Rabbi Lauren and Joel Dworkin, is all about recovery. Whether you're currently in recovery or know someone who is, this is a safe space to process your experiences.

Friday May 19th, 7:30pm, **Edgewater**: Hosted by Christy Cook, this dinner will explore how eating sustainable is not only a way of building community, but also a way to connect your lifestyle to your Jewish ideals. *Addresses will be emailed when you register.*

TORAH: 525,600 Minutes... How Do You Measure a Year in the Life?

וּסְפַרְתֶּם לָכֶם מִמַּחֲרַת הַשַּׁבָּת מִיּוֹם הַבִּיאְכֶם אֶת-עֹמֶר הַתְּנוּפָה שִׁבְעַת שָׁבָתוֹת תַּמִּימֹת תִּהְיֶינָה: טז עד מִמַּחֲרַת הַשַּׁבָּת הַשְּׁבִיעִית תִּסְפְּרוּ חֲמִשִּׁים יוֹם וְהִקְרַבְתֶּם מִנְחָה חֲדָשָׁה לַי'

15 And you shall count from the day after the sabbath, from the day that you brought the sheaf of the wave offering, seven sabbaths, **complete**, to the next day after the seventh sabbath shall you count fifty days, and you shall offer a new meal offering to the Lord..." Leviticus 23:15

Rashi: Complete... Hence the counting must begin in the evening, for otherwise the weeks wouldn't be complete.

"And you shall count for yourselves," implies introspection and stock-taking in order to choose the true good... just as one carefully examines the amount and integrity of the money he receives so as to avoid deficient or counterfeit coins, thus also when counting the seven weeks she must make sure to complete the number, and preserve the quality of each day, that they may not detract from spiritual integrity.... Hence the expression, **tamimot, complete, refers to spiritual integrity...**"

Ketav V'haKabbalah (Nechama Leibowitz, 426)

In daylights, in sunsets, in midnights, in cups of coffee, in inches, in miles, in laughter, in strife...
In truths that she learned, or in times that he cried, in bridges he burned, or the way that she died?
Jonathan Larson, *Seasons of Love, Rent*

Every human being dwells intimately close to a door of revelation they are afraid to pass through. Honesty lies in understanding our close and necessary relationship with not wanting to hear the truth.... Honesty is not the revealing of some foundational truth that gives us power over life or another or even the self, but a robust incarnation into the unknown unfolding vulnerability of existence, where we acknowledge how powerless we feel, how little we actually know, how afraid we are of not knowing and how astonished we are by the generous measure of loss that is conferred upon even the most average life." David Whyte, *Consolations*

Revelation & Revolution: Shavu'ote 5777

music • sex • justice • torah • bagels, shmear & cheesecake

Wednesday May 24th • 6:30pm (doors) - 10:00pm • Catalyst Ranch • 656 W Randolph St #3W

A fast-paced night of opening your heart, body and mind to the kind of life-learning that is the stuff of Torah: love, and relationships, justice, food & in-depth exploration of Jewish wisdom.

HESED & HODA'AH/love and gratitude

Warm welcome to Tobin Belzer and the Garrett Theological Seminary students in the house tonight checking out just another typical night of Jewing in Chicago here at Mishkan. So honored to have you.

Mazal Tov to Joel Dworkin & our very own Rabbi Lauren on getting engaged, a belated shout out to Abby Citrin and Janessa on their engagement AND **Daniel & Ashley Michaeli** on the birth of their beautiful baby girl, **Abigail Elise!**

Love Teamers ON tonight: **Katie Goldstein, Adam Reisberg, Aimee Halstuk, Reuven Solomon and Alex Ronay.** THANK YOU for your hands, hearts & smiles.

Hungry for discussion? Join **Aliza Becker at her table during dinner for conversation about Climate Change.**

Don't be a wilde chaya (that's Yiddish, for wild animal). We love sharing shabbos dinner with you. **Please help us by cleaning up after** yourself. Thank you to the **anonymous angels** who have contributed to sponsor kiddish in recent weeks. If you want to contribute in this way, for a special occasion or just because you're feeling generous, contact Natalie at admin@mishkanchicago.org

Here for the first time? Come say hello to **Rachel Gray, or any of our staff, or Love Team** on tonight so we can shower you with love and affection! Get on the Mishkan email list at www.mishkanchicago.org and get in our FB group and follow us on Instagram too. **Congrats? Condolences? Want to let us know that someone needs a little love?** Contact Hillary Gimpel at support@mishkanchicago.org. **Be a Lover!** Contact James Evans at LoveTeam@mishkanchicago.org to hear about the Love Team.

HOLY MOLY, YA HEARD?? Mishkan just got an amazing opportunity: a generous local foundation will **match any increase in donations this year.** Every little bit counts, and the bigger the numbers the bigger our ability to keep bringing inspired down-to-earth Judaism to Chicago! So consider...

- **Giving!** Make a donation online at mishkanchicago.org/donate Every dollar goes to engaging people in dynamic and deep Jewish spiritual practice regardless of background or denomination. Give for the first time or make a workable increase on last year's donation!
- **Becoming a Builder!** Builders make a monthly gift or annual gift to help sustain Mishkan, not out of guilt, but out of inspired co-creation of this community. (And if that's not convincing enough, you get cool perks, discounts and Mishkan swag.)
- **If you're already a Builder, consider increasing,** even by a few dollars a month. It all counts!

All the ways that you give are eligible for the match-- Buildership, High Holiday pledges, one-time donations and gifts from family trusts and foundations. If you've been holding out for that increase, this year is the year! We have till Dec 31, 2017 to make the match.

Contact Rachel Cort, Managing Director, if you want more information about supporting Mishkan: rachel@mishkanchicago.org.

Thank you and bless you for building this community with us!

Mishkan is co-created by Rabbi Lizi Heydemann, Founder • Rachel Cort, Managing Director • Ellie Spitz, Director of Community Engagement & Wellness • Ilana Gleicher-Bloom, Vision Director, Mensch Academy • Rabbi Lauren Henderson: Jewish Emergent Network Rabbinic Fellow • Rachel Gray Alexander, Marketing & Communications Manager • Natalie Dibo, Rabbinic & Admin Assistant • The Davening Team • Our Awesome Board • The Love Team • Every Single Builder and Giver • YOU!