

1.12.2018 • 25 Tevet 5777 • Parshat Va'eira

Shabbat shalom, and welcome to Mishkan.

Mishkan is a spiritual community on a mission to engage, educate, empower and inspire people in Chicago and beyond through dynamic experiences of Jewish prayer, study, music, social activism and community-building. We believe that Judaism is a vehicle for bringing more light, more goodness, more justice, and more joy into the world, and that inspired prayer and inspired living reinforce one another.

The ancient Mishkan was the traveling prayer tent in the desert that brought together Israelites from across the spectrum of the community, and so do we: young, young-at-heart, total novices in prayer and Jewish study alongside people with years of experience, LGBTQ Jews, Jews in interfaith relationships and from all denominational and religious backgrounds. We believe everyone's birthright is to connect to God, Torah and community in this way. The only thing needed is that your heart be in it. You in?

We're so glad you're here, and hope your shabbos with us brings you higher.

Rabbi Lizzi Heydemann

TEFILAH/Reflection: With Your Heart Broken Open

Sometimes a person must build ladders to climb to the heavens.
A niggun is one of these ladders, specifically when we sing after the joy of doing a mitzvah,
or with a heart broken open...
– Rabbi Kalonymous Kalman Shapira of Piazetsne

LIMMUD/learning: Do Better, Be Better

Hillel used to say: A brutish person cannot fear sin. An ignorant person cannot be pious, nor can the shy person learn, or the impatient person teach. The one who engages excessively in business cannot become wise.

In a place where there is no humanity, strive to be a person.
Pirke Avot 2:6

TORAH: 6 Therefore say to the people of Israel, 'I am the Lord, and I will *bring you out* from under the burdens of the Egyptians, and I will *rid you* from their slavery, and I will *redeem you* with a outstretched arm, and with great judgments; 7 And I will *take you* to me for a people, and I will be to you a God; and you shall know that I am the Lord your God, who brings you out from under the burdens of the Egyptians. 8 And I will *bring you in* to the land, concerning which I swore to give it to Abraham, to Isaac, and to Jacob; and I will give it to you for a heritage; I am the Lord.'

9 And Moses spoke thus to the people of Israel– but they didn't listened to Moses because of *kotser ruach*– shortness of spirit, and because of the difficult work. And the Lord spoke to Moses, saying, 11 "Go, speak to Pharaoh king of Egypt, that he let the people of Israel go out of his land." And Moses spoke before the Lord, saying, "See, the people of Israel have not listened to me! How then shall Pharaoh hear me, who has blocked lips?"

13 And the Lord spoke to Moses and to Aaron, and commanded them regarding the children of Israel, and regarding Pharaoh king of Egypt, to bring the people of Israel out of the land of Egypt. Shemot/Exodus 6:5-13

RASHI: God spoke to Moses and Aaron. Because Moses said, "I have blocked lips, the Holy One, Blessed be God, had Aaron join him to be a mouthpiece and intermediary for him.

And he commanded them regarding the children of Israel. He commanded Moses and Aaron [concerning the Children of Israel] to lead them calmly, to be patient with them. **He commanded them concerning Pharaoh,** to accord honor to him with their words.

HESED & HODA'AH/love and gratitude

Mazal tov to Dov Weiss for winning the National Jewish Book Award in the scholarship category for "Pious Irreverence: Confronting God in Rabbinic Judaism." Rock ON with your bad self, Rabbi.

Very Happy Birthday (this week) to: **Katie Goldstein, Rachel Ellison, Chloe Koren, Rachel Prensky-Pomeranz, Jare Akchin & Stephanie Cohen**

Love Teamers ON tonight: **Michael Kornick, Rachel Bryan, Doug Winkelstein, Alexis Graves & Benna Kessler.** THANK YOU for your hands, hearts & smiles.

Hungry for Discussion? Join Rachel Brustein for a **discussion on pop culture, current movies and award shows** during dinner. Come sing! (More!) Aryeh Bernstein and Rabbi Lauren will be leading up some shabbos zemirot/table songs, after dinner.

Don't be a wilde chaya (that's Yiddish, for wild animal). We love sharing shabbos dinner with you. **Please help us by cleaning up after** yourself. Want to contribute toward the cost of a meal for the community, for a special occasion or just because you're feeling generous? Write Natalie admin@mishkanchicago.org.

Here for the first time? Come say hello to **Ellie Spitz or any of our staff, or Love Team** on so we can shower you with love! Get on the Mishkan email list at www.mishkanchicago.org and get in our FB group and follow us on Instagram too. **Congrats? Condolences? Want to let us know that someone needs a little love?** Contact Hillary Gimpel at support@mishkanchicago.org. **Be a Lover!** Contact James Evans at LoveTeam@mishkanchicago.org hear about the Love Team.

KEHILAH/Community

Register for all events (unless otherwise posted) @ www.mishkanchicago.org/events

livin' on a prayer • תפילה

Women's March

Saturday January 20th, 10:00am, **Crown Fountain**, Millennium Park

Grab your tallis and come make Shabbos with us at the March! Gather at the southern end of the Crown Fountain (close to Michigan and Monroe) with your signs, your siddur, yourselves, and your energy to build a beautiful free, fair, radically inclusive America.

Last Fridays @ 2U

Friday January 26th, 6:30pm, **Second Unitarian**, 656 W. Barry ****Please note we are meeting this month at 2U, NOT our usual Anshe Emet****

Pot-luck after services- we'll provide a main, you bring something delicious, vegetarian and nut-free. Join in BEFORE services for our...

40s+ pre-Shabbat Wine & Cheese Reception at 5:45pm in the loft upstairs if this

gather • ביחד

MLK Day: Speaking Truth to Power*

THIS Monday January 15th, 10:30am, **Stone Temple Baptist Church**, 3622 W. Douglas Blvd.

Get together to commemorate the life of Dr. Martin Luther King with words of inspiration from with spiritual leaders from across Chicago: Rev. Dr. B. Herbert Martin, Rabbi Max Weiss, and North Lawndale youth, as well as performances by a local choir.

Love Team Orientation

THIS Thursday January 18th, 6:30pm - 8:00pm, **Mishkan Space**, 4001 N. Ravenswood 108

We're looking for folks to join our core volunteer team: The Love Team. Whether you're a people-person or more behind-the-scenes, get in on the fun.

LOCALS Justice Dinners: 44th 47th & 48th Wards

NEXT Friday January 19th, 6:30pm - 8:00pm, **44th, 47th * 48th Wards**, Chicago

Celebrate Shabbat in your ward! Get to know one another, study Jewish text, and learn more about the what's going on in the local justice scene. Want to be involved in planning, hosting or attending? Email RabbilLauren@mishkanchicago.org.

Nechama: Workshop to Comfort the Bereaved*

Sunday January 28th, 10:45m - 12:15pm, **Anshe Emet Synagogue**, 3751 N. Broadway

Nechama is for grievors who have lost someone in the past six months. Glean info on the grieving process and how Judaism helps the bereaved.

February Music Jam

Sunday February 4th, 2:00pm - 4:00pm, **Mishkan Space**, 4001 N. Ravenswood 108

If you're a singer or just love to sing, play an unusual (or usual) instrument, join us pre-super bowl to share music with each other and just jam.

Listen & Talk: Jewish Podcast Club, Part I: Judaism Unbound

Wednesday, February 7, 7pm, Andersonville Home (Doykeit)

In advance, listen to [Judaism Unbound Episode 21: iOS 4.0- A New Jewish Operating System?](#), which can be found on the podcast app. We'll talk about the episode and whether Judaism is an app, operating system, or both. RSVP to Rachel at rachelambrustein@gmail.com

learn • לימוד

Learn to Leyn! (Read Torah) Workshop

Mondays January 22nd, 29th, & February 5th, 7:00pm - 9:00pm, **Mishkan Space**, 4001 N. Ravenswood 108

Study to leyn (read Torah) like a pro, guided by Torah-reader extraordinaire Revuen Solomon. 3 class workshop is \$30, free for Builders.

The Artist's Way

Intro session: Sunday January 28th, then February 11th-April 28th, 4:30pm - 6:00pm, **Mishkan Space**, 4001 N. Ravenswood 108

Experience your own creative restoration and learn techniques to enhance self-confidence in harnessing your right-brain-skills guided by Julia Cameron's The Artist's Way: A Spiritual Path To Higher Creativity. Learn more about this book and its program to help unlock your inner artist.

Davening Leadership

Mondays, February 19th- March 19th, 7:00pm - 9:00pm, **Mishkan Space**, 4001 N. Ravenswood 108

Want to Learn how to lead Friday night services? Rabbis Lizzi and Lauren want to teach you! Learn both theory and practical skills for inspired, meaningful Friday night service leading! Cost of this 5 class workshop is \$75 and \$50 for Builders.

Considering Conversion

Mondays February 19th - May 28, 7:00pm - 9:00pm, **Mishkan Space**, 4001 N. Ravenswood 108

Dive in and develop an intellectually honest experience of Jewish learning while building personal relationships with text, with Mishkan's rabbis, and with others in the program. No commitment to convert. This program is \$360, \$250 for Builders. (Email Rachel Gray for the code!)

If you're thinking to yourself, "This community rocks! Someone should make sure this thing stays healthy!" be that someone by:

- **Giving!** Make a donation online at mishkanchicago.org/support Every dollar goes to engaging people in dynamic and deep Jewish spiritual practice regardless of background or denomination. Give for the first time or make a workable increase on last year's donation!
- **Becoming a Builder!** Builders make a monthly gift or annual gift on a sliding scale to help sustain Mishkan, not out of guilt, but out of inspired co-creation of this community. (And if that's not convincing enough, you get cool perks, discounts and Mishkan swag.)
- **If you're already a Builder, consider increasing**, even by a few dollars a month. It all counts!

Contact Rachel Cort, Managing Director, if you want more information about supporting Mishkan: rachel@mishkanchicago.org.

Thank you and bless you for building this community with us!