

4.7.2018 • 22 Nissan 5778 • Parshat Shemini / Omer Day 7 - Malchut sheb'Chessed

Shabbat shalom, and welcome to Mishkan.

Mishkan is a spiritual community on a mission to engage, educate, empower and inspire people in Chicago and beyond through dynamic experiences of Jewish prayer, study, music, social activism and community-building. We believe that Judaism is a vehicle for bringing more light, more goodness, more justice, and more joy into the world, and that inspired prayer and inspired living reinforce one another.

The ancient Mishkan was the traveling prayer tent in the desert that brought together Israelites from across the spectrum of the community, and so do we: young, young-at-heart, total novices in prayer and Jewish study alongside people with years of experience, LGBTQ Jews, Jews in interfaith relationships and from all denominational and religious backgrounds. We believe everyone's birthright is to connect to God, Torah and community in this way. The only thing needed is that your heart be in it. You in?

We're so glad you're here, and hope your shabbos with us brings you higher.

Rabbi Lizzi Heydemann

KEHILAH/Community

Register for all events (unless otherwise posted) @ www.mishkanchicago.org/events

livin' on a prayer • תפילה

2nd Fridays @ 2U

THIS Friday April 13th, 6:30pm, Second Unitarian, 656 W. Barry

Our signature Friday night services - music, prayer, learning, intentionality and inspiration, followed by the best catered dinner this side of Jerusalem. Get a YumCard to stay for dinner and drinks after services: mishkanchicago.org/yumcard.

Seudah Shlisheet - Shabbat Afternoon Music + Chill

Saturday April 21th, 6:00pm - 8:00pm, Moishe House, Hyde Park

Join the Hyde Park Moishe House for a musical Seudah Shlisheet (light dinner and communal singing) led by Mishkan's own Rabbi Lizzi, in her native habitat of the South Side. Come eat, sing, share the final moments of Shabbat together, and conclude the evening with musical Havdallah.

Melavah Melkah: Havdallah & Concert with Josh Warshawsky

Saturday April 28th, 8:00pm - 10:00pm, NEW Mishkan Space, 4001 N. Ravenswood 101

Join us for an evening of music and havdallah in Mishkan's NEW office space (same building and floor, new unit!). We're excited to welcome Josh Warshawsky in concert with Rabbi Lizzi, Cantors David Berger and Rachel Rosenberg, and the Mishkan D Team for a night of song to inspire the soul.

Master Music Jam with Josh

Sunday April 29th, 2:00pm - 4:00pm, NEW Mishkan Space, 4001 N. Ravenswood 101 Calling all musicians and the musically inclined! If you're a singer, just love to sing or play an instrument, join us to jam and learn with Josh.

learn • לימוד

Learn Your Alef-Bet

Sunday April 15th, 11:00am - 4:00pm, NEW Mishkan Space, 4001 N. Ravenswood suite 101 This class is for our conversion cohort and anyone else who wants to learn to read Hebrew, taught by the awesome David Kaplinsky. \$25 for general registration and \$15 for Builders (includes yummy snacks). Builders, email RachelGray@mishkanchicago.org for the code.

REPARATIONS: Social Justice Bet Midrash

Thursday April 19th - May 24th, 6:30pm - 9:00pm, NEW Mishkan Space, 4001 N. Ravenswood suite 101 Mishkan Chicago, in partnership with the Jewish Council on Urban Affairs and Avodah, bring you our all-levels, open-to-everybody Social Justice Beit

Midrash. Taught by Aryeh Bernstein, this bet midrash will examine the Jewish case for Reparations. No prior experience is necessary, but commitment to the material and to building a cohesive group requires presence at every class. The class is 100% free & registration is required.

gather • ביחד

Complicity: Yom HaShoah 2018

Wednesday, April 11th, 7:00pm - 8:30pm, Mishkan Space 4001 N Ravenswood 101

Most people during the Holocaust weren't purely victims or perpetrators. The vast majority were complicit bystanders. Join Mishkanite Daniel Riff on Yom HaShoah (Holocaust Remembrance Day) for an exploration of complicity during the holocaust and how we understand our own roles today.

Rosh Chodesh Circle

Sunday April 15th, 5:30pm - 8:00pm, NEW Mishkan Space, 4001 N. Ravenswood 101

Our Rosh Chodesh (new moon) circle is a restorative and regenerative space to reflect and connect in sisterhood through ritual prayer, singing, candle lighting as well as light-hearted socializing. Dinner at 5:30pm, circle at 6pm. In Iyar we explore the themes of determination and persistence.

Good Deeds Day

Sunday April 15th, 2:30pm - 4:00pm, Maggie's Place, 4001 N. Ravenswood 101

Come and create affirmation cards for those struggling with depression or low self-esteem with No Shame on U.

SoulCollage®

Thursday April 19th, 6:30pm - 8:30pm, Maggie's Place, 4001 N. Ravenswood 101

Taught by the talented Kathy Bresler, SoulCollage® is a creativity workshop that helps you tap into your inner wisdom – your strengths, your beauty, your complexity, your dreams, your creativity and your accomplishments. This class is amazing, requires no artistic talent, and will rock your life.

The Sangha: Weekly Mishkan Meditation Minyan

Wednesday April 11th & ongoing, 7:00pm - 8:00pm, NEW Mishkan Space, 4001 N. Ravenswood 101 Come sit in silent meditation together and to process what's coming up in our practice— challenges, new insights & questions.

TORAH: The Power of a Good Love Song

نَשָׁיר הַשִּׁירָיִם אֲשָׁר לִשְׁלֹמְה The song of songs, which is Shlomo's. Oh, give me the sweet kisses of your mouth, for your sweet love is better than wine. שְׁמֹאלוֹ תַּחֵת לְרֹאשִׁי וִימִיגוֹ תְּחַבְקָנִי His left hand is under my head, and his right hand embraces me. הַשְׁבַּעָתִי אֶתְכָם בְּגַרָאוֹת אָוֹ בַּאַיְלַוֹת הַשְׁדָה אִם־תָּעַירוּ ו וְאִם־תְּעַוֹרָוּ אֶת־הָאַהַבָּה עַד שֻׁתְּחָבָּץ Promise me, O daughters of Jerusalem, by the gazelles, and by the hinds of the field, that you will not stir up, nor awaken love, till it please. My beloved spoke, and said to me, Rise up, my love, my fair one, and come away. For, lo, the winter is past, the rain is over and gone; the flowers appear on the earth; the time of the singing bird is come, and the voice of the turtledove is heard in our land; the fig tree puts forth her green figs, and the vines in blossom give their scent. Arise, my love, my fair one, and come away. – Song of Songs

Ten songs were spoken in this world, this song being the best of them all. The first song Adam spoke at the time his guilt was forgiven, and the Sabbath Day arrived and protected him. He opened his mouth and said, "*Mizmor shir I'yom haShabbat-* A Psalm, a Song for the Sabbath Day" (Psalm 92). The second song Moses said with the children of Israel at the time the Master of the World divided the Reed Sea for them. All of them opened their mouths together and spoke the song, "*Az Yashir Moshe u'venay Yisrael*"... The ninth song Solomon, King of Israel, said by the Holy Spirit, before the Master of all the World (The Song of Songs). And the tenth song the children of the Exile are destined to say at the time they are redeemed from Exile, as it is written and explained by the hand of Isaiah the prophet, as it is written: "You shall have this song for joy, as on the night the feast of Passover is sanctified, and for gladness of heart, as the people who go to appear before G!d three times a year with varieties of music and the sound of the drum, to come up to the mountain of G!d and to worship before Her, the Strength of Israel" (Isaiah 30:29). – Aramaic Commentary, S'S 1:1

Introducing Jeff, our new JEN Fellow!

Two years ago we introduced you to the Jewish Emergent Network, a groundbreaking national collaboration between seven independent spiritual communities, including Mishkan Chicago. Our first project together was a national rabbinic fellowship to train the vanguard of the next generation of spiritual entrepreneurs. We're thrilled to introduce you to our next fellow, Rabbi Jeff Stombaugh! Read more about him on the Mishkan blog:

www.mishkanchicago.org/blog

HESED & HODA'AH/love and gratitude

Very Happy Birthday (this week) to: Abby Citrin & Steven J. Marx.

Love Teamers ON tonight: Deanna Lesht, Alexis Graves & Rachel Brustein. THANK YOU for your hands, hearts & smiles.

Hungry for Discussion? Join Rachel Bryan for a discussion on during lunch.

Don't be a wilde chaya (that's Yiddish, for wild animal). We love sharing shabbos lunch with you. Please help us by cleaning up after yourself. Want to contribute toward the cost of a meal for the community, for a special occasion or just because you're feeling generous? Write Natalie admin@mishkanchicago.org.

Here for the first time? Come say hello to Rachel Gray or any of our staff, or Love Team on so we can shower you with love! Get on the Mishkan email list at www.mishkanchicago.org and get in our FB group and follow us on Instagram too. Congrats? Condolences? Want to let us know that someone needs a little love? Contact Hillary Gimpel at www.mishkanchicago.org and get in our FB group and follow us on Instagram too. Congrats? Condolences? Want to let us know that someone needs a little love? Contact Hillary Gimpel at www.mishkanchicago.org. Be a Lover! Contact James Evans at LoveTeam@mishkanchicago.org hear about the Love Team.

If you're thinking to yourself, "This community rocks! Someone should make sure this thing stays healthy!" be that someone by:

- Giving! Make a donation online at mishkanchicago.org/support Every dollar goes to engaging people in dynamic and deep Jewish spiritual practice regardless of background or denomination. Give for the first time or make a workable increase on last year's donation!
- Becoming a Builder! Builders make a monthly gift or annual gift on a sliding scale to help sustain Mishkan, not out of guilt, but out of inspired cocreation of this community. (And if that's not convincing enough, you get cool perks, discounts and Mishkan swag.)
- If you're already a Builder, consider increasing, even by a few dollars a month. It all counts!

Contact Rachel Cort, Managing Director, if you want more information about supporting Mishkan: <u>rachel@mishkanchicago.org</u>. **Thank you and bless you for building this community with us!**

Mishkan is co-created by Rabbi Lizzi Heydemann, Founder • Rachel Cort, Managing Director • Ellie Spitz, Director of Community Engagement & Wellness • Ilana Gleicher-Bloom, Vision Director, Mensch Academy • Rabbi Lauren Henderson: Jewish Emergent Network Rabbinic Fellow • Rachel Gray Alexander, Marketing & Communications Manager • Natalie Dibo, Rabbinic & Admin Assistant • Tracey Morrison, Shabbat Coordinator • Breezi Plack, Shabbat Assistant • The Davening Team • Our Awesome Board The Love Team • Every Single Builder and Giver • YOU!