

How will you get ready for 5787?

From the first of Elul to the last blast of the shofar on Yom Kippur, we are tasked with the process of teshuvah. Often translated as “repentance,” teshuvah literally means “returning” – returning to our mistakes, to things left undone, and ultimately to our best selves. Our Elul Bingo will help you try new things, take care of yourself, and support other people in this process. Play along!

Visit a new Chicago neighborhood	Perform Tashlich	Apologize to someone you let down	Become a Mishkan Builder (or renew your Buildership!)	Try a new recipe
Volunteer with Mishkan*	Hear the Shofar**	Check in with someone you haven't spoken to in a while	Cancel subscriptions you don't need	Organize your junk drawer
Pick up a new book, blog, or podcast	Say hi to someone new at Mishkan	 Free Space	Go to the mikvah (or dunk in Lake Michigan)***	List eighteen things you appreciate about yourself
Purchase High Holiday tickets	Volunteer for an organization you care about	Do something nice for your body	Donate something you don't use anymore	Have a curious conversation with someone you disagree with
Attend Selichot @ 2U on September 5	Unsubscribe from mailing lists you don't read	Pick up an old hobby	Give tzedakah	Clear your inbox

* Contact Michael at michael@mishkanchicago.org to do this!

** We'll do this every morning in our online minyan!

*** Join us Thursday, August 27th at Foster Beach